



# Integral University, Lucknow

Effective from Session: 2022-23

Course Code	SW501	Title of the Course	Child Protection and Child Rights	L	T	P	C
Year	IIInd	Semester	IIIrd	4	0	0	4
Pre-Requisite	Graduation	Co-requisite	None				
Course Objectives	This course intends to acquaint the students with the Critical understanding of the concept, content and process of social problems..						

## Course Outcomes

CO1	Understand child welfare and rights in India, demographic trends, key policies, and evolving protection services.
CO2	Analyze problems faced by vulnerable children and the social work interventions addressing these issues.
CO3	Explain constitutional and legal provisions for child protection under Indian law.
CO4	Evaluate specific child protection laws and acts safeguarding children against exploitation and abuse.
CO5	Examine social work practices with children, including counseling, life skills training, adoption, and roles of NGOs like UNICEF and CARE.

Unit No.	Title of the Unit	Content of Unit	Contact Hrs.	Map ped CO
1	<b>Child Rights</b>	Concept of Child Welfare and Child Rights; Demographic profile of the child in India, National Policy for Children(1974), National Nutrition Policy (1993), Changing trends in child welfare and protection services.	10	1
2	<b>Problems of the Child and the response of Social Work</b>	Social Work with: Street children, destitute, delinquent, abandoned, orphaned, child with disabilities, Sexually abused child, child labour, child trafficking,	8	2
3	<b>Legal Provisions for child protection</b>	The Constitution of India: Articles 14,15,15 (3),19 21,21 (a),23,24,39(e),39(f); The Indian Penal Code, 1860: Feticide (Section 315 and 316), Infanticide (section 315). Abatement of Suicide (section 305), Exposure and Abandonment (section 317),	7	3
4	<b>Care and Protection of Children</b>	The Immoral Traffic (Prevention) Act, 1956; Child Labour(Prohibition and Regulation) Act,1986. The Prohibition of child Marriage Act, 2006; The Commission for the Protection of child ,Rights Act, 2005	10	4
5	<b>Social work practice with children</b>	Child guidance clinics; School social work; Child counseling Life skills training; Child help lines; Adoption services international and national NGOs working with children: UNICEF, CARE	10	5

## Reference Books:

Ahuja, Ram: Social Problems in India. (Hindi & English)

Bharoocha, PramilaPandit (1999) Hand book on Child, New Delhi : Concept Publishing

Bhalla, M. M. (1985) Studies in Child Care, Delhi : Published by NIPCCD ,Bhangana. Vinita (2005) Adoption in India.

Domenach, J.M. et al: Violence and its causes, Paris, UNESCO, 1981.

Chaturvedi, T. N. (1979) Administration for Child Welfare, Admin, New Delhi : Indian Institute of Pub.

Madan,.G.R.: Indian Social Problems (VolI), New Delhi, Allied Publishers Pvt. Ltd., 1981.

## e-Learning Source:

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## Course Articulation Matrix: (Mapping of COs with POs and PSOs)

PO-PSO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PSO1	PSO2	PSO3
CO											
CO1	3	2	2	2	3	2	1	1	3	2	2
CO2	3	3	3	2	3	2	1	2	3	3	3
CO3	3	2	2	2	2	3	1	1	2	2	3
CO4	3	2	2	2	3	3	1	1	2	2	3
CO5	2	3	2	3	3	2	1	1	3	3	3

1- Low Correlation; 2- Moderate Correlation; 3- Substantial Correlation

Name & Sign of Program Coordinator	Sign & Seal of HoD
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**Integral University, Lucknow**

Effective from Session: 2022-23							
Course Code	SW502	Title of the Course	Social Work: Current Issues and Recent Trends	L	T	P	C
Year	2 <sup>nd</sup>	Semester	3rd	4	0	0	4
Pre-Requisite	Graduation	Co-requisite	None				
Course Objectives	To familiarize with all aspects water, sanitation and hygiene, and understanding the concept, problems and challenges faced by LGBTQ. To know the waste management and population planning methods, approaches and management procedures						

Course Outcomes	
CO1	Evaluate WASH frameworks and their implications on community health and policy.
CO2	Analyze the socio-political challenges faced by LGBTQ populations at national and global levels.
CO3	Assess the legal and rehabilitative measures addressing human trafficking.
CO4	Design integrated waste management strategies using sustainable models.
CO5	Evaluate population policies and planning methods in relation to demographic trends.

Unit No.	Title of the Unit	Content of Unit	Contact Hrs.	Mapped CO
1	Water Sanitation and Hygiene	WASH: Concept, Meaning Definition, Purpose, Needs and Scope, Component: Water, Environmental Hygiene, Personal Hygiene and Sanitation, Impact on Health, Hygiene related Diseases, Factor influencing WASH Practices, WASH in Institutional Settings, Case Studies and Best Practices	10	1
2	LGBTQ	LGBTQ: Concept, Meaning, Definition, Terminology, and History, Status of LGBTQ: National and International Level, Problems and Challenges faced by LGBTQ, Policies and Programmes; LGBTQ Pride Walk	10	2
3	Human Trafficking	Human Trafficking: Concept, Meaning, Definition and Forms, Causes and Consequences of Human Trafficking, Legislative Framework: Laws and Policies, Rehabilitation and Professional Aspects	8	3
4	Waste Management	Waste: Concept, Meaning, Definition, Sources and Composition, Process and Types of Waste: Municipal Solid Waste, Hazardous Waste and Radioactive Waste, Waste Management Models and Approaches, Treatment of Waste	7	4
5	Population Planning	Population: : Concept, Meaning, Definitions and Characteristics, Determination of Population Dynamics, Status of Population Growth; National Population Policy 2000, Population Planning and Programmes	10	5

**Reference Books:**

Bales K and soodalter R (2009) the slave next door : Human trafficking and slavery in America today
Bernat, F.P(2011) Human Sex trafficking. Oxon , Enland : Routledge
H. Slephanie and Simon R. (2013) Human trafficking around the world: Hidden in plain sight
Keith F.(2002). Handbook on Solid waste Management MCgraw Hill
Lloyd R (2012) Girls like us : fighting for a world where girls are not for sale :A Memoir
Agnes, Flavia (1999) Law and Gender Inequality – The Politics of Women’s Rights in India, New Delhi: Oxford University Press.
e-Learning Source

Course Articulation Matrix: (Mapping of COs with POs and PSOs)											
PO- PSO CO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PSO1	PSO2	PSO3
CO1	3	3	2	2	1	3	2	1	3	3	3
CO2	2	3	3	1	2	3	2	1	3	1	2
CO3	1	2	1	3	3	3	1	2	2	2	1
CO4	3	1	2	2	1	3	2	2	1	3	3
CO5	3	2	2	3	2	3	1	2	2	1	3

1- Low Correlation; 2- Moderate Correlation; 3- Substantial Correlation

<b>Name &amp; Sign of Program Coordinator</b>	<b>Sign &amp; Seal of HoD</b>
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**Integral University, Lucknow**

**Effective from Session: 2022-23**

Effective from Session: 2022-23							
Course Code	SW504	Title of the Course	Community Health and Social worker	L	T	P	C
Year	2 <sup>nd</sup>	Semester	3 <sup>rd</sup>	4	0	0	4
Pre-Requisite	Graduation	Co-requisite	None				
Course Objectives	Understand the basics of Tribal communities. Know the demographic and geographic distribution of Tribal communities. Develop an insight to the various problems related to Tribal Development. Able to understand the basics of Tribal communities.						

**Course Outcomes**

<b>CO1</b>	Critically analyze the foundational concepts of health and nutrition, identifying their socio-cultural dimensions and implications on public health.
<b>CO2</b>	Evaluate the current health scenario in India by examining mental health programs, nutritional challenges, and healthcare infrastructure.
<b>CO3</b>	Interpret epidemiological data and assess the impact of communicable and non-communicable diseases in diverse populations.
<b>CO4</b>	Analyze and assess environmental health practices such as water purification, waste disposal, and their role in community health promotion.
<b>CO5</b>	Design and propose community-based social work strategies and interventions for primary healthcare delivery in urban and rural contexts.

Unit No.	Title of the Unit	Content of Unit	Contact Hrs.	Mapped CO
1	Concepts of Health & Nutrition	Definition & type (Physical & Mental) of health and its dimensions; appreciation of health as relative concept; Characteristics of agent, host and environmental factors in health and disease	10	1
2	Health Situation in India	Mental Health- concept, community based mental health programmes. mortality and morbidity profile and the existing health facilities in health services, Importance of Nutrition-	10	2
3	Epidemiology	Epidemiology: definition, concepts and its role in health and disease, public health- concept & importance, Definition of the terms used in describing disease, transmission and control, Communicable and non-communicable diseases, symptoms causes and prevention of disease caused by virus	8	3
4	Environmental Health	Awareness of the concept of safe and wholesome water, Understanding the methods of purification of water on small scale with stress on chlorination of water, Disposal of solid waste, liquid waste, both in the context of urban and rural conditions in the country.	7	4
5	Community Health and Role of Social Work	Primary Health Care Services: organizations & functions, Medical Social Work: meaning nature & scope, Role & Functions of Social Worker in hospital setting and community health; Health Care in Rural and Urban areas	10	5

**Reference Books:**

Singh, Surendra and Misra, P.D. Health and Diseases: Dynamics and Dimensions.

Misra, P.D. and Misra, Beena-nature Cure: Philosophy and Methods.

Mahajan, B.K. : The Text Book of Social & Preventive Medicine.

Singh, Surendra and P. D. Misra: Health and Diseases: Dynamics and Dimensions.

Park J.E. and Park 1991 -Text Book of Preventive and Social Medicine. Jabalpur: Banarsi Das

e-Learning Source: e-gyankosh

**Course Articulation Matrix: (Mapping of COs with POs and PSOs)**

PO-PSO CO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PSO1	PSO2	PSO3
<b>CO1</b>	3	3	2	2	1	3	2	1	3	3	3
<b>CO2</b>	2	3	3	1	2	3	2	1	3	1	2
<b>CO3</b>	1	2	1	3	3	3	1	2	2	2	1
<b>CO4</b>	3	1	2	2	1	3	2	2	1	3	3
<b>CO5</b>	3	2	2	3	2	3	1	2	2	1	3

**1- Low Correlation; 2- Moderate Correlation; 3- Substantial Correlation**

<b>Name &amp; Sign of Program Coordinator</b>					<b>Sign &amp; Seal of HoD</b>				
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**Integral University, Lucknow**

Effective from Session: 2025-2026							
Course Code	SW503	Title of the Course	Social Welfare Administration and Social Action	L	T	P	C
Year	II	Semester	III	4	0	0	4
Pre-Requisite	Graduation	Co-requisite	None				
Course Objectives	This course aims to develop an advanced understanding of Social Welfare Administration and Social Action as essential domains in social work. It enables students to analyze administrative mechanisms, organizational frameworks, legal provisions, and action strategies aimed at systemic change and social justice.						

Course Outcomes	
CO1	Analyze the conceptual framework, principles, and administrative mechanisms of Social Welfare Administration, emphasizing decision-making, communication, and good governance.
CO2	Evaluate the administrative components and organizational frameworks of social welfare agencies, with a focus on planning, coordination, budgeting, and structural functions at central and state levels.
CO3	Evaluate major legal frameworks governing social welfare organizations in India, including acts related to societies, endowments, companies, and trusts..
CO4	Critically analyze diverse theoretical approaches, strategies, and advocacy methods within social action as a core method of social work.
CO5	Analyze the evolution, dynamics, and impact of social movements in India, and interpret their interconnectedness with social action and social change.

Unit No.	Title of the Unit	Content of Unit	Contact Hrs.	Mapped CO
1	Introduction to Social Welfare Administration	Administration: Concept, Meaning, Definitions, Characteristics and Objectives; Social Welfare Administration: Concept, Meaning, Definition, Objectives and Scope; Principles and Functions of Social Welfare Administration; Mechanism of Social Welfare Administration: Decision Making, Communication, Good Governance	08	1
2	Social Welfare Administration Agencies	Components of Social Welfare Administration-I: Planning, Organising, Staffing and Directing; Components of Social Welfare Administration-II: Coordinating, Reporting, Budgeting, Evaluation and Feed Back; Social Welfare Agencies: Concept, Meaning, Definitions and Types; Organizational Structure and Functions of Social Welfare Agencies: Central and State	08	2
3	Laws Related to Social Welfare Administration	The Registration of Societies Act, 1860; Charitable and Endowments Act, 1890; The Section Eight of Companies Act, 1956; Indian Trust Act, 1882	08	3
4	Understanding Social Action	Social Action: Concept, Meaning, Definitions, Objectives, Principles, Assumptions, Strategies and Steps; Approaches of Social Action: Paulo Freire, Saul Alinsky's, Gandhian Approach, Radical Practice, Critical Awareness; Social Action: Pressure Groups, Networking, Mobilization and Management of People; Social Action as Method of Social Work, Advocacy as Strategy of Social Action.	08	4
5	Introduction to Social Movements	Social Movement: Genesis, Features, Factors, Type and Stages; Social Movements in India; Environmental Movements in India; Relationship between Social Movement, Social Action and Social Change	08	5

Reference Books	
Behr A & Samuel J (2006) Social Watch in India: Citizens Report on Governance and Development, Pune: NCAS	
Friedlander, Walter, A. (1976). Concepts and Methods of Social Work. New Jersey: Prentice-Hall	
Ramachandran, P. (1996). Towards an Understanding of People's Movements: History from below. Institute for Community Organization Research	
Wadia, A. & Hormasji, N. (1968). History and Philosophy of Social Work in India (2nd ed). Bombay: Allied publishers	
Somesh Kumar (2002) Methods for Community Participation: A Complete Guide for Practitioners, New Delhi: Sage Publication (Vistaar).	
UNDP (2001) The Monitoring and Evaluation Framework, UNDP, Toronto , University of Toronto Press	
e-Learning Source: E-gyankosh and NCERT	

PO-PSO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PSO1	PSO2	PSO3
CO											
CO1	3	2	1	2	2	2	1	2	3	2	2
CO2	3	2	1	2	2	2	1	2	3	2	2
CO3	3	3	1	2	3	3	2	3	3	3	3
CO4	3	3	2	3	2	3	2	3	3	3	3
CO5	3	3	2	3	2	3	2	3	3	3	3

1-Low Correlation; 2- Moderate Correlation; 3- Substantial Correlation

**Name & Sign of Program Coordinator**

**Sign & Seal of HoD**



**Integral University, Lucknow**

**Effective from Session: 2022-23**

Course Code	SW505	Title of the Course	Health, Disease and Health Care	L	T	P	C
Year	2 <sup>nd</sup>	Semester	3 <sup>rd</sup>	4	0	0	4
Pre-Requisite	Graduation	Co-requisite	None				
Course Objectives	To develop understanding about health, disease and health care. Students will comprehend concepts related to health promotions and disease prevention to enhance health. To understand the concept and structure of health care in India.						

Course Outcomes	
<b>CO1</b>	Evaluate the evolving concepts and dimensions of health and their impact on well-being and development in diverse contexts.
<b>CO2</b>	Critically analyze the determinants and indicators of health to interpret health status data and inform evidence-based interventions.
<b>CO3</b>	Assess the classification, causation, and prevention strategies of diseases, integrating socio-cultural and environmental perspectives.
<b>CO4</b>	Apply epidemiological concepts to design context-specific prevention and intervention strategies for communicable diseases.
<b>CO5</b>	Evaluate and critique the structure, evolution, and delivery mechanisms of the health care system in India for effective social work interventions.

Unit No.	Title of the Unit	Content of Unit	Contact Hrs.	Mappe d CO
1	Introduction to Health	Health: Basic Concepts, Meaning, Definitions, and Positive Health, Changing Concepts of Health, Dimensions of Health, Interdependence of Dimensions of Health, Concept of Wellbeing, Health Responsibility, Health and Development	10	1
2	Determinants and Indicators of Health	Determinants of Health, Spectrum of Health, Indicators of Health: Concept, Meaning, Definitions, Characteristics and Types, Mortality Indicators of Health and Morbidity Indicators of Health, Nutritional Status Indicators, Health Care Delivery Indicators	10	2
3	Understanding Disease	Disease: Concept, Meaning, Definitions, and Spectrum of Disease, Classification of Diseases: Communicable and Non-communicable, Factors Responsible for Disease: Physical, Biological, Environmental, Socio-Cultural and Other Factors, Modes of Transmission of Diseases; Levels of Prevention and Modes of Intervention	8	3
4	Epidemiological concept and Epidemiology of Communicable diseases	Basic Concepts of Epidemiology, Epidemiology of Communicable Diseases : Measles, Chicken Pox, Diphtheria, Tetanus, Pertussis, Plague, Acute Respiratory Infections, Tuberculosis, Rabies, Diarrhea Diseases, Polio Myelitis, Hepatitis, Typhoid, Cholera, HIV/ AIDS, RTI/STI, Malaria, Filariasis,	7	4
5	Introduction to Health Care	Health Care: Concept, Meaning, Definitions, Evolution and Health Committees, Primary Health Care: Concept, Meaning, Definitions, Components, and Importance Levels of Health Care: Sub Centre, PHC, CHC, District Hospitals etc., Health Care System in India: Centre, State and District Level	10	5

**Reference Books:**

SundarLal, Adarsh, Pankaj, Textbook of Community Medicine (Preventive & Social Medicine), CBS Publishers, New Delhi

Carol Holtz, Global Health Care: Issues & Policies Jones and Bartlett Publisher, USA 2008.

Park and Park, Textbook of Preventive & Social Medicine, Jabalpur: BanarsidasBhanot Publishers

Piyush Gupta, O.P. Ghai, Textbook of Preventive & Social Medicine CBS Publishers, New Delhi

Sinha, J.B.1990. Work Culture in the Indian Context. New Delhi: Sage Publications.

Goel, A. (2004). Organisation and Structure of Women Development and Empowerment. New Delhi: Deep and Deep Publication Pvt. Ltd.

e-Learning Source: e-gyankosh

Course Articulation Matrix: (Mapping of COs with POs and PSOs)											
PO-PSO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PSO1	PSO2	PSO3
CO											
<b>CO1</b>	3	2	2	1	1	2	1	1	3	2	2
<b>CO2</b>	3	2	3	2	2	2	2	1	3	2	3
<b>CO3</b>	2	2	3	3	2	2	2	2	3	2	3
<b>CO4</b>	2	2	3	3	3	3	2	2	3	3	3
<b>CO5</b>	3	3	3	2	3	3	2	2	3	3	3

**1- Low Correlation; 2- Moderate Correlation; 3- Substantial Correlation**

<b>Name &amp; Sign of Program Coordinator</b>	<b>Sign &amp; Seal of HoD</b>
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Effective from Session: 2025-26							
Course Code	SW506	Title of the Course	Fieldwork/Internship	L	T	P	C
Year	II	Semester	III	0	0	4	4
Pre-Requisite		Co-requisite	None				
Course Objectives	It will enable the learner to critically evaluate and synthesize their academic and practical experiences in social work, while also preparing them to examine the social and ethical implications of applying social work principles in everyday life and within the community.						

Course Outcomes	
CO1	Formulate a research proposal by identifying relevant social issues, defining objectives, and selecting appropriate theoretical and methodological frameworks..
CO2	Apply appropriate sociological research tools and techniques to conduct effective fieldwork in diverse social settings.

Unit No.	Title of the Unit	Content of Unit	Contact Hrs.	Mapped CO
1	Foundations of Social work Fieldwork and Research Proposal Writing	Importance of fieldwork and internship in research, Identifying research problems, Formulating objectives, hypotheses, and research questions, Conducting literature review and understanding the theoretical framework Preparing a research proposal: structure, ethics, feasibility, and methodology	20	CO1
2	Tools, Techniques, and Execution of Fieldwork, Report Writing	Overview of qualitative and quantitative field methods Designing research tools: questionnaires, interview schedules, observation checklists, Techniques of participant observation and case study, Prepare Report Writing	20	CO2

**e-Learning Source:**

<http://155.0.32.9:8080/jspui/bitstream/123456789/1123/1/Practicum%20and%20Internship%20Textbook%20and%20Resource%20Guide%20for%20Counseling%20and%20Psychotherapy%20%28%20PDFDrive%20%29.pdf>

Course Articulation Matrix: (Mapping of COs with POs and PSOs)											
PO-PSO	PO1	PO2	PO3	PO4	PO5	PO6	PO7	PO8	PSO1	PSO2	PSO3
CO1	3	3	2	3	2	3	1	3	3	3	2
CO2	3	3	3	3	2	3	1	3	3	3	3

1. Low Correlation; 2- Moderate Correlation; 3- Substantial Correlation

Name & Sign of Program Coordinator	Sign & Seal of HoD
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